



I have some stuff to share from my trip to [TED2018](#). It was truly inspiration overload (in a good way). In a nutshell, attending TED is like standing in front of a hose turned on at full pelt and being hit hard with ideas for Five Whole Days.

Teleporting DNA, transplanting organs from a pig into a human to overcome organ shortage, and flying from New York to Shanghai in 39 minutes were just a handful of the mind-blowing ideas I was able to hear about.

Inevitably, some ideas are stickier than others. [Here](#) are five that stuck with me.

And if you prefer videos over text, here are three of my favourite talks out of the fifty or so that I watched (the talks are being slowly drip fed out, so I'll be sure to share some other ones in the coming weeks)!

[Professor Frances Frei](#), from Harvard Business School, on how to build, and re-build, trust. Not only is Frei a leading researcher in the field, but she was also headhunted by Uber to head over to their head office to try to re-build trust in Uber's culture after the pretty ordinary couple of years they have had.

[Dylan Marron](#), who is famous for projects such as "Sitting in Bathrooms With Trans People" gave a hilarious yet moving talk about having conversations with those we disagree with.

[Diane Wolk-Rogers](#) (who you probably have never heard of) teaches history at Marjory Stoneman Douglas High School in Parkland, Florida, which was the site of a horrific school shooting on Valentine's Day 2018. She gave an incredibly moving talk about gun control and violence. Have a box of tissues nearby.