



# FORTNIGHTLY BULLETIN

9 February 2018

BULLETIN 2

Dear Scholars

Welcome to the second Fortnightly ILFSN Bulletin.

## COMING EVENTS/DATES

**Thurs. 15 Feb Leaders are Readers Book Club** – Breakfast introduction session at Openbook Howden, 2/14 Paul Street, St Marys, at 7.30 am.

This is a light touch approach to continuous improvement of your Leadership skills. More details at: <https://industryleaders.com.au/wp-content/uploads/2018/02/Leaders-are-Readers.pdf>

There still are a few places available if you wish to attend. Email Suzi [suzi@industryleaders.com.au](mailto:suzi@industryleaders.com.au) now to secure your place.

**Tues. 20 Feb The South Australia Breakfast** at the Naval, Military and Air Force Club of SA. The guest speaker is Peter Charlesworth (ILF 2013). We hope you will be able to attend and enjoy a continental buffet and plated hot breakfast. An excellent way to hear Peter speak about Minelab, Codan and his Harvard experience.

Please click on the following link to view all the details:

<https://industryleaders.com.au/wp-content/uploads/2018/01/SABreakfastFeb2018.pdf>

Call Sarah on 8223 2422 to book your seat.

**Fri. 23 March Boot Camp 18**, Timings TBC.

Defence Reserves Support Committee SA (“DRSCSA”) offers regular activities to employers (“Supportive Employers”) who have signed up to support employees who are reservists. They are offering ILF Scholars exclusively a cost free opportunity to join these employers on selected activities. The first is a Boot Camp style networking activity at Keswick Barracks.

You will find out if you meet the fitness criteria to enlist. Experience the Australian Defence Force Pre-Enlistment Fitness Assessment, participate in Boot Camp style circuit training and enjoy a hearty Defence Force breakfast. Last year’s inaugural event was big hit. All attendees had a lot of fun, no-one was

broken, and all enjoyed a whole new insight into the benefits that a reservist gains through their training and how those benefits can translate to better employees.

Please email your interest to [sa.drsc@defence.gov.au](mailto:sa.drsc@defence.gov.au), cc [Suzi@industryleaders.com.au](mailto:Suzi@industryleaders.com.au)

**Fri. 6 April** **ILFSN Breakfast Function**, 7am to 9am, held at, and sponsored by Ernst Young, with guest speaker Jock Gordon.

Jock Gordon, now 33 year old, is a venture developer who started his first internet business at age 19, building his domain name trading business into a full service web development and mobile application development company, NetStart.

Less than a decade later, he had carved a niche in web history with MenuPad, the first restaurant menu system for Apple's iPad. MenuPad was implemented in hotels and restaurants in the United States, Middle East and Australia, attracting investment from hospitality industry heavyweights and exit three years later.

The system was featured as an Apple iPad Case Study and attracted international attention, winning coverage in prestigious media outlets such as Fox News, Australian Financial Review, CIO Magazine, Chicago Tribune, and The Atlantic Magazine.

Further details coming soon.

**Fri. 13 April** **Performance Excellence at Work and Vital Engagement in Everyday Life**

This course is for executives to enhance performance excellence and generativity in work, and vitality engagement in all areas of everyday life. Excellence in performance at work goes hand-in-hand with flourishing in all areas of life. This course is the best of what we know about becoming a fulfilled individual. The knowledge-base for this seminar has been carefully selected from best research findings from decades of research on peak performance, psychotherapy outcomes studies, and positive psychology in the West, and the greatest Eastern contemplative traditions. This synthesis has been translated into a series of practical, state-of-the-art mental skills to enhance performance excellence and vital engagement. The seminar will include lecture, live demonstration, and practice of a range of experiential skills in the following areas:

- (1) performance excellence and flow states across a range of endeavours;*
- (2) development of character strengths for mastery of everyday living;*
- (3) enhancing meaningfulness for vital engagement of everyday life and generativity at work;*
- (4) developing the best self and enhancing self-esteem;*
- (5) enhancing emotional awareness and healthy expression, developing active coping and resiliency, and transforming core belief;*
- (6) developing positive work relationships and secure intimacy in the home life; and*
- (7) enhancing everyday happiness, well-being, positivity, and flourishing.*

### **Full day Workshop on ‘Mental Edge for Entrepreneurs.’**

The lecturer is **Daniel Brown**, Ph.D. An Associate Clinical Professor in Psychology at Harvard Medical School, has been on the Harvard Medical School faculty for 37 years, and for the past 30 years he has taught performance excellence courses at Harvard for physicians, judges, or executives and entrepreneurs. Dr Brown has trained some of Silicon Valley’s top entrepreneurs and has a reputation worldwide as a thought leader in various areas. He also has worked with the Tibetan spiritual community for 45 years, and serves as a translator and meditation retreat master in that tradition. He is the author of 16 books, including two co-authored with H.H. The Dalai Lama, and four books of translations of advanced Indo-Tibetan meditation texts. His main interest is in synthesizing East and West knowledge around performance excellence and vital engagement of everyday living.

The cost to ILF Scholars is \$500 a saving of \$250.

**Tues. 8 May** **ILF Applicant Information Evening**, held at the ILF at 6pm.

**Tues. 15 May** **The South Australia Dinner** at the Naval, Military and Air Force Club of SA. The guest speaker is Corinna Wright (ILF 2012), Winemaker & Director, Oliver’s Taranga Vineyards.

**Fri. 25 May** **Adelaide Universities Regiment (AUR) Exercise Gona**, Timings TBC. This is the second DRSCSA opportunity for Scholars to join Supportive Employers. ILF Scholars are invited to join other employers to observe an exclusive Army Reserve Officer Training session conducted in a field training environment at Murray Bridge Range. The day includes participation in selected activities and an opportunity to observe the many benefits that Army Reserve Officer Training can provide to your employees and your organisation. The day’s activities include:

A rifle shoot under supervision

- Observation of an Officer training tactical leadership activity followed by a Q&A session
- Conduct of a critical decision-making, team building activity
- Participate in a military tactical equipment demonstration
- Speak with current serving soldiers.

Please email your interest to [sa.drsc@defence.gov.au](mailto:sa.drsc@defence.gov.au), cc [Suzi@industryleaders.com.au](mailto:Suzi@industryleaders.com.au)

**June TBC** Training half day – for those who missed two great learning opportunities. This will be held in two streams

- 1) David Griggs – Presenting & Pitching for Success
- 2) Ann Verbeek – Creating & Claiming Value in Negotiations.

## INFORMATION

- In elections we are often encouraged to vote early, vote often. In the Scholars Network we encourage you to wear your **ILFSN lapel pin** early, wear it often and wear it with pride. Remember it signifies you have satisfied the same leadership criteria as a Rhodes Scholar, you have been successful in business in South Australia and you have studied at one of the world's leading business schools. The first batch of **ILFSN lapel pins** was handed out at the Training Day on Friday 2 February. Collect yours at a future function.

## RECOGNITION OPPORTUNITIES

- Nominations for the highly prestigious **Telstra Australian Business Awards** have opened. A number of businesses of ILF Scholars have won awards previously including Redarc (Anthony Kittel ILF 2010), Bowhill Engineering (Jeremy Hawkes ILF 2013 & 2014), and Shane Kelly (ILF 2013). It is an excellent way to successfully promote your business. For more information please go to: <https://telstrabusinessawards.com/>
- Take on an intern and develop the workforce of the future, through the **Commonwealth Scholarships Program for South Australia**. They are available through Scope Global (Christine Molitor, ILF 2017) For more information please go to: <http://commonwealth-scholarships-sa.com.au/internships/>

## SCHOLARS IN THE MEDIA *(Click on the links to read the articles)*

**Kris Lloyd** (ILF 2014) ranked 70<sup>th</sup> most influential person in SA by the Advertiser. <https://industryleaders.com.au/wp-content/uploads/2018/02/krislloyd-70.pdf>

REDARC **Anthony Kittel** (ILF 2010), **Ben Marsh** (ILF 2013), **Jo Hugman** (ILF 2014) keeps growing. <https://industryleaders.com.au/wp-content/uploads/2018/02/Redarc-growth-180206.pdf>

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